

Building Adaptability & Resilience for Career Success

Whether you're working towards a qualification, looking to progress in your career, or simply trying to keep up with the demands of today's workplace, adaptability and resilience can make all the difference.

The good news is that adaptability and resilience are skills that can be developed over time. As you strengthen them, you'll build confidence, improve your problem-solving skills, and feel better equipped to keep moving forward, even when things don't go to plan.

This month, we're taking a closer look at why adaptability and resilience matter and sharing practical ways to strengthen these essential skills. Our latest guide is packed with simple, actionable tips to help you overcome challenges, stay focused on your goals, and continue growing with confidence throughout your career.

[Building Adaptability & Resilience for Career Success →](#)



EMPLOYER INSIGHTS

The Importance of Adaptability and Resilience

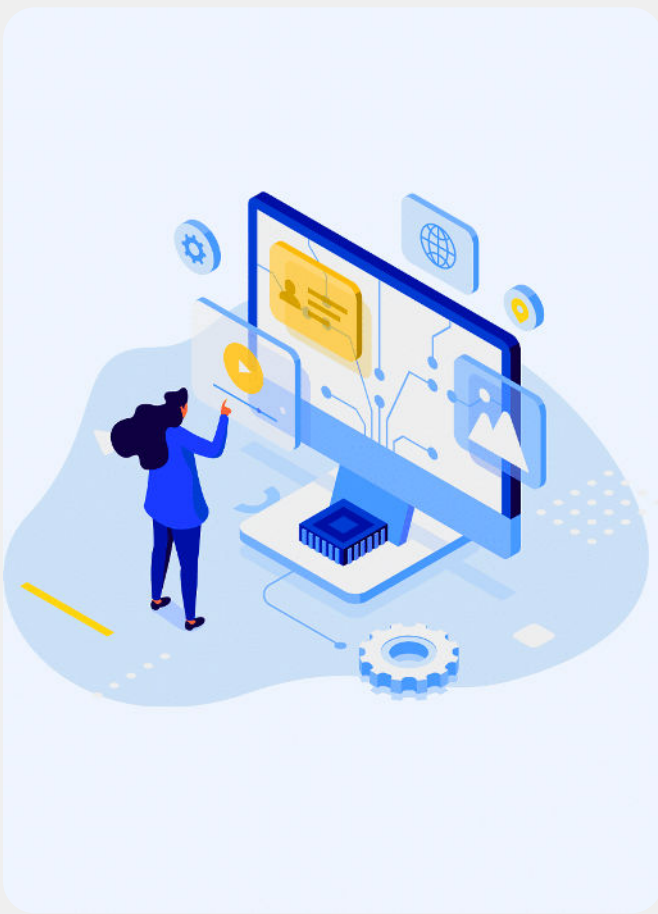
Employees who can embrace change, stay motivated through challenges, and bounce back from setbacks are better prepared to support their teams and contribute to long-term success. Employers prioritising these skills can help build a more confident, productive, and resilient workforce that's ready to overcome challenges and thrive in a changing business environment.



EMPLOYER TIP

Supporting Resilience in the Workplace

Resilience can be developed with the right support and encouragement. While some people may naturally cope with challenges more easily than others, resilience is a skill that can be strengthened over time through positive experiences. This is done by providing regular feedback, maintaining open communication channels, and offering opportunities for continuous development.



UPDATES

CIPS Event

Join experienced public procurement law solicitor Kieran McGaughey for an in-depth discussion on evaluation and moderation under the Procurement Act 2023. This insightful session will explore best practice for one of the most important stages of the public procurement process, while highlighting common pitfalls and mistakes to avoid.

[\[Book Your Place\]](#)



CMI's Thrive Platform

Have you explored CMI Thrive yet? The platform is now fully up and running, giving you access to a wealth of resources designed to support your studies. Each resource is mapped to your unit learning outcomes, making it easy to find the information you need, when you need it. Be sure to log in regularly and make the most of the guides, tools, and learning materials available to help you succeed throughout your course.



CMI's Digital Event

CMI's upcoming digital event, *Mastering Cross-Border Scalability and Regional Design*, takes place on 29th July at 10am. It explores how leaders can build cross-border systems that are both scalable and flexible across the diverse Asia-Pacific region. The session will examine the challenges of balancing regional consistency with local innovation, helping leaders create operating models that support sustainable growth in a complex global landscape.

[\[Book Your Place\]](#)

STUDY TIP OF THE MONTH

Don't Let One Setback Define Your Progress

Whether you've received constructive feedback, struggled with a topic, or missed a study session you had planned, remember that setbacks are a normal part of learning. Instead of dwelling on what went wrong, take time to reflect on what you've learned, identify what you can do differently next time, and make a plan for your next step. Every challenge is an opportunity to grow, and small, consistent progress is what leads to long-term success.

LEARNER SUPPORT

Need study support?

Remember that the Student Support Zone is filled with information, guides and resources to help you throughout your learning journey

[Student Support Zone →](#)